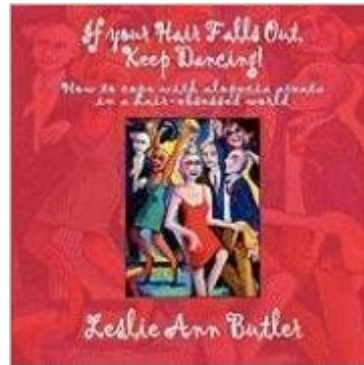




The book was found

# If Your Hair Falls Out, Keep Dancing



## Synopsis

"This "how-to" book provides a much needed text on dealing with emotional and cosmetic aspects of hair loss, whether from alopecia areata or chemotherapy. It details where to find and how to use products for compensating with this loss. It is written in the same bold and bright style that characterizes LeslieAnn's illustrations." -Janet Roberts, M.D., Portland OR "This book is helpful, hopeful, funny and fabulous. It's full of practical advice about wigs, intimate encounters, the inappropriate questions from strangers, and other issues you face when every day is a bad hair day. Women with alopecia, LeslieAnn Butler is your new best friend!" -Margie Boulton, Columnist, The Oregonian "...an essential read, whether you've lost hair, or care about someone who has. Leave it to LeslieAnn to bring humor and glamour to a difficult topic. She is a living testament that the lack of flowing locks is no reason not to live your most glamorous and joyful life. Be inspired and uplifted by this remarkable woman's personal journey." -Nita Lina Howard, Author of A Woman's Journey is Her Legacy

## Book Information

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## Customer Reviews

I loved and recommend this book. I see Alopecia Areata through the eyes of a mom and as much as I try, it is hard for me to be in my daughter's shoes! Your book helped me get the perspective from the person who suffers from it with a great sense of humor and positive attitude. It served as the reassurance that everything will be fine.

This book was a delight to read. It lifted my spirits, made me laugh and gave me some very helpful

advice on the different types of wigs and makeup tips. I related to so many things expressed in this book.

A good encouraging book. I especially appreciated the sources for further information or products.

What's on one's head seems to matter a lot to a lot of people in the world. "If Your Hair Falls Out, Keep Dancing" is a guide for sufferers of AA, also known as Alopecia Areata, to cope with their disorder. The disorder, not well known to the public, causes hair loss all over one's body - most importantly, the head. With a focus on women sufferers, although men can have it as well and could benefit from the advice within, she tells her story about dealing with it all, including the annoyances of wigs, covering it up, and how to deal with people finding out that you're a bald woman, a look that hasn't been accepted in modern society. "If Your Hair Falls Out, Keep Dancing" is a fresh and inspiring look at dealing with a disorder that shouldn't be anymore than what it is - a mild annoyance.

If ever I become bald, I would make tracks to the book store to purchase Leslie Ann Butler's book on alopecia. It is funny, smart, instructive and entertaining. Any woman who is hair-challenged, in any way, should read this book as the words Leslie Ann writes will inspire and you might even want to run out and purchase a fabulous hair piece, wig or any other hair enhancer. I am not hair-challenged but I thought her words could apply to many other medical challenges - deal with the cards you are dealt and discover a way not to feel like a victim. Leslie Ann is a living example of what she writes: Love your life and it will love you back.

Anyone who has AA or loves someone with this condition will benefit from this book! Not only does it have up to date information about the condition, treatments, wigs and concealment strategies, but it is so funny. Sometimes it can be very hard to laugh about this condition; it robs you of part of your identity. This book does it, beautifully! Not only did this book make me laugh out loud, but it validated many of the feelings I had when first afflicted with this condition. For women especially, this condition can be very isolating. If you have Alopecia, or love someone who does, buy her this book!

The book is wonderful!! It explains things so well yet is not doom and gloom. Emily especially enjoyed the "Don't you just hate it when..." section. Never before has she laughed so much about alopecia. What a wonderful gift you have given my daughter, helping her see a lighter side to

alopecia. I cannot thank you enough for that.

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Hair Loss: Hair Loss Solutions for Beginners - Hair Loss Basic Guide - Hair Loss Cure (Hair Loss Protocol - Hair Loss Black Book - Hair Loss for Dummies 1) 100 Tips For Hair Loss: How to Deal With Hair Loss and Assist Your Hair Growth (hair loss, hair growth, alopecia, grow hair, baldness, balding) Hair Loss Prevention: #1 Hair Loss Prevention And Reversal Techniques, Methods, Treatments And Remedies (Hair Loss, Hair Loss Cure, Hair Loss In Women, ... Protocol, Hair Loss Black book, Baldness) Hair Loss Cure & Treatment: Prevention & Effective Natural Regrowth Methods (Hair Loss Prevention, Hair Loss Treatment, Hair Loss Cure, Hair Loss For Men, Hair Regrowth, Self Help) The Men's Hair Book: A Male's Guide To Hair Care, Hair Styles, Hair Grooming, Hair Products and Rocking It All Without The Baloney Hair Loss: How it Happens and How to Fix It (Hair Loss, beauty and fashion, hair, loss, aging parents, hair growth, healthy hair) Hair Loss Cure: Everything You Need to Know About Hair Loss, Hair Loss Prevention, Hair Re-growth and Hair Loss Treatments (Hairloss treatment) If Your Hair Falls Out, Keep Dancing The HairCell Program - Unique No-cost Hair Loss Treatment: How to Keep Your Hair Healthy and Naturally Manage Hair loss Hair Loss Explained - Natural Solutions for Hair Loss and Premature Balding: (Natural Hair Care, Hair Loss, Scalp Treatments, Balding, Cure, Going Bald, Remedies) Hair Loss: 5 Easy Steps To Stop and Prevent Hair Loss (hair loss, hair care, bald, beauty care, personal hygiene, natural health remedies, personal health care) Hair Loss Solutions for Men: How to Cheat Hair Loss for Life (Hair Loss Solutions: How to Cheat Hair Loss for Life Book 1) How To Stop Hair Loss Naturally: Learn various ways to stop your hair loss and regrow your hair without the use of expensive and harmful drugs Small Time Operator: How to Start Your Own Business, Keep Your Books, Pay Your Taxes, and Stay Out of Trouble (Small Time Operator: How to Start Your ... Keep Yourbooks, Pay Your Taxes, & Stay Ou) Hair Loss Cure: A Revolutionary Hair Loss Treatment You Can Use At Home To Grow Your Hair Back Your Hair Loss Problem: SOLVED!: unassuming little book on hair restoration actually grows hair back!! Back On Track - Fighting Hair Loss At Home, How To Prevent And Cure Hair Loss Using Home Remedies, Grow Your Hair Thicker Naturally! Swing Dancing: Put on Your Dancing Shoes and Get With Hip-Swinging, Toe-Tapping Swing Dancing Grow African American Hair Long - 7 Days To Faster Growing Hair: Grow Hair Fast Methods and Natural Treatments for Balding Hair Styling Guide: Hair Care For African American And Bi-Racial Children: Quickly style, grow and maintain healthier more beautiful African American and Bi-racial hair in record time.

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